



**PAGE 1, MALE BIH HEALTH HISTORY**

**PLEASE TAKE A MOMENT TO COMPLETE OUR MALE HEALTH HISTORY FORM**

Today's Date: \_\_\_\_\_

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ MI: \_\_\_\_\_

Nick Name: \_\_\_\_\_ Sex (please circle one): Female Male Transgender

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Street Address: \_\_\_\_\_ P.O. Box Number (if applicable): \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone Numbers: Home: \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_

Preferred phone number for contact:  Home  Cell  Work

Email Address (Please print legibly): \_\_\_\_\_

**YOUR EMAIL ADDRESS IS OUR HORMONE DEPARTMENT'S PREFERRED MEANS OF CONTACTING YOU**

May we send you text appointment reminders?  YES  NO

May we send you an email for appointment reminders/medical/additional scheduling information?  YES  NO

...for our monthly specials/special event information?  YES  NO  I do not wish to receive these notifications

May we send you regular mail?  YES  NO

May we leave you a voicemail?  YES  NO

May we leave a message with someone else?  YES  NO

Occupation: \_\_\_\_\_

Marital Status:  Married  Divorced  Single/Never Married  Widowed  Living with Significant Other

Ethnicity:  Caucasian (Not Hispanic or Asian)  Hispanic  Asian  Black/African-American  Other \_\_\_\_\_

Language:  English  Spanish  Other \_\_\_\_\_

**Emergency Contact Information:**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

**Who may we release *medical or appointment information* to?**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Preferred Pharmacy: \_\_\_\_\_

Location: \_\_\_\_\_ Phone: \_\_\_\_\_

Preferred Lab: \_\_\_\_\_ Location: \_\_\_\_\_

Physician Name: \_\_\_\_\_ Phone: \_\_\_\_\_

**How did you hear of Allura / who may we thank for referring you? (Please check all that apply):**

Internet  Magazine  Newspaper  Billboard  Mailer  Staff Member  Physician  Other

Allura client / Family Member / Friend: \_\_\_\_\_

Physician: \_\_\_\_\_

**PAGE 2, MALE BIH HEALTH HISTORY**

We are honored that you have chosen Allura Skin, Laser, and Wellness Center.

Please state the reasons for your visit: \_\_\_\_\_

**MEDICAL HISTORY:**

Please mark if you or a family member has or has ever had any of the following conditions:

You		Condition	Family	
Y	N		Y	N
Y	N	Diabetes	Y	N
Y	N	Hypertension	Y	N
Y	N	Heart Disease	Y	N
Y	N	High Cholesterol	Y	N
Y	N	Heart Murmur	Y	N
Y	N	Rheumatic Fever	Y	N
Y	N	Atrial Fibrillation	Y	N
Y	N	Stroke	Y	N
Y	N	Bleeding Disorders	Y	N
Y	N	Blood Clots	Y	N
Y	N	Polycythemia/Hemochromatosis	Y	N
Y	N	Varicose Veins	Y	N
Y	N	Leukemia/Lymphoma/MM	Y	N
Y	N	Liver Disease	Y	N
Y	N	Hepatitis A B C	Y	N
Y	N	HIV	Y	N
Y	N	Hypothyroid/Hashimoto's	Y	N
Y	N	Hyperthyroid/Graves' Disease	Y	N
Y	N	Other thyroid problems	Y	N
Y	N	Asthma/Emphysema/COPD	Y	N
Y	N	Chronic Bronchitis	Y	N
Y	N	Kidney Disease	Y	N
Y	N	Crohn's/Celiac Disease	Y	N
Y	N	Lactose/Gluten Intolerance	Y	N
Y	N	Irritable Bowel	Y	N
Y	N	Colon Polyps	Y	N
Y	N	Breast Cancer	Y	N
Y	N	Colon Cancer	Y	N
Y	N	Lung Cancer	Y	N
Y	N	Ovarian Cancer	Y	N
Y	N	Prostate Cancer	Y	N
Y	N	Rectal Cancer	Y	N
Y	N	Anxiety	Y	N
Y	N	Depression	Y	N
Y	N	Psychiatric Disorder: Bi Polar	Y	N
Y	N	Auto Immune Disorders: Lupus	Y	N
Y	N	Rheumatoid Arthritis	Y	N
Y	N	Scleroderma	Y	N
Y	N	Osteopenia/Osteoporosis	Y	N
Y	N	Arthritis	Y	N
Y	N	Chronic Pain/Fibromyalgia	Y	N
Y	N	Alzheimer's Dementia	Y	N
Y	N	Multiple Sclerosis	Y	N
Y	N	Parkinson's	Y	N

Weight: \_\_\_\_\_ Height: \_\_\_\_\_

Drug Allergies and/or Reactions:

\_\_\_\_\_

Previous Surgeries or Procedures:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Hospitalizations or Treatments:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Current Medications and Doses:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Vitamins, Supplements and Herbs:

\_\_\_\_\_

Do you take Aspirin or other anti-inflammatories on a daily basis?  YES  NO

Social History:

Do you smoke?  YES  NO

If yes, number per day \_\_\_\_\_ How many years? \_\_\_\_\_

Recreational drug use?  YES  NO

Do you drink Alcohol?  YES  NO

If yes, number of drinks per week? \_\_\_\_\_

How many days per week do you exercise? \_\_\_\_\_

\_\_\_\_\_  
 Patient Signature

\_\_\_\_\_  
 Date

**PAGE 3, MALE BIH HEALTH HISTORY**

**TODAY'S DATE:** \_\_\_\_\_

SYMPTOM	Y	N	SYMPTOM	Y	N	SYMPTOM	Y	N
Anxiety			Decrease in energy			Mood Swings		
Depression			Decrease in sexual desire			Muscle and/or joint pain		
Difficulty concentrating			Decrease in sexual frequency			Weight gain in recent 2 years		
Fatigue			Decrease in sexual performance			Wt loss in the previous 2-6 mo.		
Fogginess in thinking			Decrease in muscle mass			Sleep Problems		
Headaches/Migraines			Loss of motivation			Poor recovery from exercise		
Irritability			Memory Loss			Poor response to exercise		

**PROSTATE AND TESTICULAR HISTORY:**

Are you currently sexually active?  YES  NO

Age of 1<sup>st</sup> Intercourse: \_\_\_\_\_

Please check your sexual orientation:

Heterosexual  Homosexual  Bisexual

Have you fathered any children?  YES  NO

If yes, how many children? \_\_\_\_\_

Have you been treated for any Sexually Transmitted Disease? Please check all that apply:

Chlamydia  Gonorrhea  Herpes  
 Syphilis  Warts  Other

Have you ever been tested for HIV?

If yes, when and what were the results?

Date: \_\_\_\_\_  Positive  Negative

Have you ever had a sperm count?  YES  NO

What were the results? \_\_\_\_\_

Have you ever had Testicular Cancer?  YES  NO

If yes, any treatment? \_\_\_\_\_

Have you ever been told your prostate was enlarged?

If yes, any treatment? \_\_\_\_\_

Have you ever had prostatitis or any prostate problem?

YES  NO Describe: \_\_\_\_\_

Have you ever had Prostate Cancer?  YES  NO

If yes, when and describe treatment:

Date: \_\_\_\_\_ Treatment: \_\_\_\_\_

Have you ever had blood in your urine?  YES  NO

Do you have difficulty urinating?  YES  NO

Do you urinate frequently during the night?  YES  NO

If yes, how many times? \_\_\_\_\_

When was your last rectal exam to check your prostate?

Date: \_\_\_\_\_

**SEXUAL HISTORY:**

Do you initiate intercourse?  YES  NO

Do you achieve orgasm?  YES  NO

Is intercourse satisfying?  YES  NO

Do you suffer from premature ejaculation?

If yes, any treatments? \_\_\_\_\_

Do you suffer from erectile dysfunction?

If yes, any treatments? \_\_\_\_\_

Is your sex drive similar to how it was 5 years ago?

YES  NO

How often do you have intercourse per wk? \_\_\_\_\_

Per month? \_\_\_\_\_

Are you currently using or have used any form of Testosterone?  YES  NO

If yes, what type? \_\_\_\_\_

Any other concerns that you would like to discuss?

\_\_\_\_\_

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Provider Signature

\_\_\_\_\_  
Date



**PAGE 4, MALE BIH HEALTH HISTORY**

**TODAY'S DATE:** \_\_\_\_\_

**AUTHORIZATIONS (please initial):**

\_\_\_\_\_ I consent to the taking of photographs for the purpose of documentation and future comparison.

\_\_\_\_\_ I authorize the release of information to/from my Primary Care Physician or Specialist if deemed necessary for the treatment.

\_\_\_\_\_ **I understand that my insurance company will not cover any of the procedures performed.**

\_\_\_\_\_ **Payments for all procedures or services are to be paid at the conclusion of each visit.**

\_\_\_\_\_ I understand that procedure packages are non-transferable.

**I authorize that the above information is up to date and correct to the best of my knowledge.**

\_\_\_\_\_  
Client Signature (Parent/Guardian if client is a minor)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Provider Signature

\_\_\_\_\_  
Date

**Thank you for completing this paperwork!**