

## PRE/POST CO2 EYE INSTRUCTIONS

**PLEASE NO EYELASH EXTENSIONS 2 WEEKS PRIOR TO PROCEDURE.**

**EYE LAST EXTENSIONS WILL BE DAMAGED DURING LASER PROCEDURE.**

### Expectations:

- Your skin will be red and slightly swollen for 2-7 days depending on your level of treatment.
- You may have a “checker-board” appearance to your skin for up to a week after your treatment.
- Around day 2-4 your skin will feel dry and start to flake. The majority of the dryness stage will be completed by day 6.

<u><b>TIMELINE</b></u>	<u><b>WHAT YOU NEED TO DO</b></u>	<u><b>COMMENTS</b></u>
<b>3 DAYS PRIOR TO TREATMENT</b>	<ul style="list-style-type: none"> <li>• Provide us with a pharmacy to call in the following prescription:  <b>Medrol dose pack</b> (for swelling) <b>Pick up prescription prior to the day of the procedure.</b></li> </ul>	<p><b>*If you are tanned you will not be treated.</b>  <b>*Sun exposure is defined as direct contact with sun without protection for 10 or more minutes.</b>  <b>*No eyelash extensions for 2 weeks prior to procedure.</b></p>
<b>DAY OF TREATMENT (Prior To Treatment)</b>	<ul style="list-style-type: none"> <li>• Take <b>Medrol</b> as prescribed the morning of the procedure.</li> <li>• <b>Eat something substantial prior to arrival</b> as medications may be given at your appointment that can cause nausea on an empty stomach.</li> <li>• <b>Have your entire face (or treatment area) clean with no makeup or tinted creams on skin.</b></li> <li>• <b>All mascara must be removed.</b></li> </ul>	<p><b>*DO NOT WEAR CONTACTS. BRING GLASSES IF NECESSARY.</b></p>
<b>DAY OF TREATMENT (After Treatment is completed)</b>	<ul style="list-style-type: none"> <li>• Do not cleanse treated area.</li> <li>• Cool your skin with cool wet cloths for 20 minutes every hour until bedtime.</li> <li>• Apply a paper-thin layer of Stratacel ointment to treated area 3 times a day.</li> </ul>	<p><b>*Drink plenty of water to help keep your skin hydrated from the inside out.</b>   <b>*Soak a clean washcloth in a mixture of 8 oz. of water with 1 Tbsp. of WHITE VINEGAR. (Refrigerate the mixture to have COOL water available. (Do not let it freeze)</b></p>
<b><u>DAYS 1- 2 POST TREATMENT</u></b>	<ul style="list-style-type: none"> <li>• Cleanse treated area with a gentle cleanser.</li> <li>• Cool your skin every 2-4 hours.</li> <li>• Apply a paper -thin layer of Stratacel to area</li> <li>• May apply Aquaphor® or Vitarich, if purchased, as many times as needed to keep skin moist and prevent dryness.</li> </ul>	<p><b>*Keep skin moist</b>  <b>*Drink plenty of water</b>  <b>*VitaRich Serum may be purchased at the office and applied as often as needed.</b></p>



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<b><u>DAYS 3-5 POST TREATMENT</u></b>	<ul style="list-style-type: none"><li>• Cleanse your skin with a gentle cleanser morning and night.</li><li>• Continue to apply Aquaphor® and Vitarich to treated areas to keep skin moist and prevent dryness.</li></ul>	<b>*Keep skin moist</b> <b>*Drink plenty of water</b>
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**\*SUN BLOCK MUST BE WORN EVERY DAY AND RE-APPLIED EVERY THREE HOURS.  
KEEP SUN EXPOSURE VERY LIMITED FOR THE NEXT 30 DAYS.**