



## Laser Genesis Treatment Pre and Post Instructions

<PersonalInfo.FullName>

<PersonalInfo.DOB>

Please read and follow all instructions listed below to learn how to prepare for your treatment and receive the best possible results. This procedure has a minimal recovery period, depending on treatment level and skin response.

If you have any questions or concerns regarding your treatment or the aftercare, please call (970) 223-0193.  
If you have an emergency, please call 911 or visit an emergency room.

### - PREPARING FOR YOUR TREATMENT -

**Avoid heavy sun exposure and self-tanning products.** Tanned skin cannot be treated.

**Stop all exfoliating skin care products 1 week prior to your treatment.** This includes retinols and exfoliating cleansers/pads.

**Avoid Treatments that may irritate the skin, 1-2 weeks prior.** This includes waxing, depilatories etc.

**Remove false eyelashes.** False lashes will be damaged during your procedure.

**Verify your pharmacy is current, pick-up your prescriptions and follow the instructions provided:**

Acyclovir (antiviral/for those with a history of cold sores)-  
**begin 2 days prior to treatment.**

\*Depending on the area being treated, medications may not apply to you.

#### Item Checklist

Gentle Facial Cleanser  
Sunblock (SPF 50+)

### - THE DAY OF YOUR PROCEDURE -

#### PRIOR TO ARRIVAL

- **Remove all makeup and lotions from face.** Face must be completely clean prior to face prep and numbing application.
- **Treatment area should be freshly shaven.**

#### AFTER TREATMENT IS COMPLETED

- **Apply sunscreen (SPF 30+) immediately** to all areas treated to avoid exposure.
- **Avoid saunas, strenuous exercise and any activity** that may cause excessive heat to the treatment area for 24 hours.
- **You may use begin cleansing the area with a gentle (non-exfoliating cleanser).**

#### Post Treatment Skin Condition Expectations

- + Bruising, redness and swelling may occur and resolve over time.
- + Multiple treatments are required.

#### Post Treatment Healing Instructions

- + **Stay out of direct sunlight.** Absolutely no tanning or prolonged direct sun exposure for 20 days. Always wear a hat and sunblock
- + **Do not use any abrasive or exfoliating skin care products** until approved to do so. This includes retinols and exfoliating cleansers/pad

**SUN BLOCK MUST BE WORN EVERY DAY AND REAPPLIED EVERY TWO (2) HOURS, EVEN WHEN NOT IN DIRECT SUNLIGHT. KEEP SUN EXPOSURE VERY LIMITED FOR THE NEXT 30 DAYS.**